**Lespedeza capitata**


**Botanical medicines for the urinary tract.**

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**Abstract**

Four important categories of urologic herbs, their history, and modern scientific investigations regarding them are reviewed. Botanical diuretics are discussed with a focus on *Solidago* spp (goldenrod) herb, *Levisticum officinale* (lovage) root, *Petroselinum crispus* (parsley) fruit, and *Urtica dioica* (stinging nettle) herb. Urinary antiseptic and anti-adhesion herbs, particularly *Arctostaphylos uva-ursi* (uva-uri) leaf, *Juniperus* spp (juniper) leaf, and *Vaccinium macrocarpon* (cranberry) fruit are reviewed. The antinephrotoxic botanicals *Rheum palmatum* (Chinese rhubarb) root and *Lespedeza capitata* (round-head lespedeza) herb are surveyed, followed by herbs for symptoms of benign prostatic hyperplasia, most notably *Serenoa repens* (saw palmetto) fruit, *Urtica dioica* root, and *Prunus africana* (pygeum) bark.

PMID:12522584 [PubMed - indexed for MEDLINE]
ACE-inhibitory procyanidins from Lespedeza capitata.

Wagner H, Elbl G.

Source

Institute of Pharmaceutical Biology, University of Munich, Federal Republic of Germany.

PMID:1409988 [PubMed - indexed for MEDLINE]
Although flavonoids have been used for a long time, many medical practitioners and pharmacists know very little about them. This article gives a few particulars of some flavonoids and plant extracts: rutin, water soluble derivatives of rutin, citroflavonoids, anthrocyanins, procyandins, silymarin, Ginkgo biloba, Chrysanthellum indicum and Lespedeza capitata.

PMID: 2698952 [PubMed - indexed for MEDLINE]
[Study on the clinical pharmacology of a lyophilized extract of Lespedeza capitata].

[Article in French]

Pozet N, Traeger J.

PMID: 5017061 [PubMed - indexed for MEDLINE]
Biological and phytochemical evaluation of plants. VI. Isolation kämpferitrin from Lespedeza capitata.

Tin-Wa M, Farnsworth NR, Fong HH.

PMID: 5374039 [PubMed - indexed for MEDLINE]
[Separation, detection, and determination of Lespedeza capitata flavones].

[Article in French]

Calò A, Cardini C, Quercia V.

PMID: 5379180 [PubMed - indexed for MEDLINE]
[Clinical trial of treatment of azotemic conditions with an injectable extract of Lespedeza capitata].

[Article in French]

Desruelles J, Delmon A.

PMID: 5375541 [PubMed - indexed for MEDLINE]
[New conservative treatment for hyperazotemia: utilization of flavonic extracts of injectable Lespedeza capitata].

Fries D, Pozet N.

PMID: 5779299 [PubMed - indexed for MEDLINE]

[CHANGES IN PARTIAL KIDNEY FUNCTION UNDER THE INFLUENCE OF AN EXTRACT FROM LESPEDEZA CAPITATA].

[Article in German]

MERTZ DP, KEINE H.

PMID: 14231715 [PubMed - indexed for MEDLINE]
[Effect of Lespedeza capitata extract on blood lipids].

[Article in French]

LOEPER J, LOEPER J.

PMID: 13645816 [PubMed - OLDMEDLINE]

[Palliative therapy of renal insufficiency with extract of Lespedeza capitata].

[Article in German]

OBROWSKY L.

PMID: 13570099 [PubMed - OLDMEDLINE]
[The effects of Lespedeza capitata extracts on experimental allergic nephritis].

HALPERN BN, TROLLIET J.

PMID: 13060586 [PubMed - OLDMEDLINE]